

Emotional Competence among Adolescents in Relation to their Parenting Styles

Rohit Bhandari¹ and Amandeep Kaur²

¹Assistant Professor, Dev Samaj College of Education, Chandigarh (UT), India.

²Alumnus (M.Ed.), Dev Samaj College of Education, Chandigarh (UT), India.

CITATION: Bhandar, Rohit and Kaur, Amandeep (2015), "Emotional Competence among Adolescents in Relation to their Parenting Styles", *MERC Global's International Journal of Social Science & Management*, Vol. 2, Issue 6, pp. 446-449.

ARTICLE HISTORY: Submitted: July 16, 2015, Revision received: August 20, 2015, Accepted: August 28, 2015

ARTICLE TYPE: Research paper

ABSTRACT

The present study examines the emotional competence among adolescents in relation to their parenting styles. The sample of the study comprised of 200 students of class 11th. Out of these 100 students (50 girls and 50 boys) were taken from government school and 100 were taken from the private school. The major findings of the study revealed that there is no significant difference in the emotional competence of adolescents in relation to their parenting style.

KEYWORDS: Emotional competence, Adolescents, Parenting styles.

REFERENCES

1. Amanda, E.; Guyer, Johanna M.; Jarcho, Koraly P. E.; Kathryn, A. D.; Daniel, S. P.; Nathan, A. F. and Eric, E. N. (2015), "Temperament and parenting styles in early childhood differentially influence neural response to peer evaluation in adolescence", *Journal of Abnormal Child Psychology*, retrieved from <http://link.springer.com/article/10.1007/s10802-015-9973-2>.
2. Bharadwaj, R. L. and Sharma, H. (2007), The scale of emotional competence (revised). Pankaj Mapan; "Bal Niwas" Taj Basai.
3. Bharadwaj, R.L.; Sharma, H and Garg, A. (1998), Parenting Scale. Agra: Pankaj Mapan; "Bal Niwas" Taj Basai.
4. Hoffman, John P. and Stephen J. Bahr (2014), "Adolescent's heavy drinking, peer alcohol use and religiosity in relation to parenting style", *Journal of studies on Alcohol and Drugs*, 75(2).
5. Kumar, Sanjeev (2014), "Study on mental health and emotional competence of prospective teachers of Himachal Pradesh in relation to their gender stream and social category", Department of Education, Himachal University, retrieved from <http://hdl.handle.net/10603/19572>.
6. Lourdes, Rey and Natalio, Extremera (2013), "The role of emotional competence on the subjective well-being of people having intellectual disabilities", 26(2), pp.146-156.

ABOUT THE AUTHOR (S)

Dr. Rohit Bhandari is Assistant Professor, Dev Samaj College of Education, Chandigarh (UT), India.

Amandeep Kaur is an Alumnus (M.Ed.), Dev Samaj College of Education, Chandigarh (UT), India. She is the corresponding author and can be reached at amankaur1991@gmail.com.