Gender Differences in Work-Family Conflicts among Software Professionals in Bangalore City: An Empirical Study

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ABSTRACT
The objective of the present study is undertaken to address the gender and domain differences in work-family conflicts among women and men software professionals in Bangalore city. The data used for this study consists of 200 male and 100 female respondents. Both the conflicts ‘work to family’ and ‘family to work’ are studied with respect to gender differences of the respondents. The data was analysed using descriptive statistics, samples t-test and chi-square test techniques. The findings indicate that there were significant differences between the sexes in the experience of family to work conflict; but no significant differences for work to family conflict.

KEYWORDS: Work-family conflict, Gender differences, Software professional.

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